

OAKMONT-VERONA
TWIN BORO 5K RUN
Sunday May 29, 2011 1:30pm
Riverside Park
Oakmont, PA

When: Sunday, May 29, 2011 Start at 1:30pm (Registration begins at 12:00pm)

Where: Riverside Park, Oakmont, Pa. (Look for signs directing you to the registration table)

Entry Fee: On or before May 10 - \$12.00

May 11 thru Race Day - \$15.00 (**shirt not guaranteed after May 10**)

Send to: Palma Ostrowski

728 15th Street

Oakmont, Pa. 15139

Email to: palmaost@gmail.com

Make checks payable to: *Borough of Oakmont (memo: 5K Run)*

Awards: Age Group Awards (trophies to 1st place / medals to 2nd & 3rd place of each age group):

13-under;14-16; 17-19; 20-29; 30-39; 40-44; 45-49; 50-59; 60-69; 70-over

Special Awards:

1st Masters Male & Female; 1st Oakmont/Verona Male & Female; 1st, 2nd, 3rd Parent/Child Team

Additional Information: Palma Ostrowski 412-826-1452 or palmaost@gmail.com

Visit www.twinboro5krun.com for directions and more information

Name _____ Age on race day _____ M/F _____

Address _____ City _____ State _____ Zip _____

Email _____ Phone number _____

Shirt Size: YL S M L XL Parent/Child Team _____ Oakmont/Verona Resident _____

Emergency Contact _____ Phone _____

Release: By signing this application, I hereby waive, discharge and release myself, any and all claims, damages, demands and courses of action of any kind, including negligence, that I may have against the Oakmont/Verona Twin-Boro 5K volunteers, sponsors, and organizers of this event, which arise from my participation in this event. I hereby certify that I am physically fit to participate.

Signature _____ Date _____

Parent/Guardian(if runner is under 18 yrs of age) _____ Date _____